

TIMETABLE

16:00	U11G	1000M	18:15	"D"	5000M
16:05	U11B	1000M	18:40	"C"	5000M
16:10	U13G	1000M	19:05	ELITE W + "B"	5000M
16:15	U13G	1000M	19:25	ELITE W	1000M
16:20	U13B	1000M	19:35	ELITE M	1000M
16:25	U15/17M	1000M	19:45	ELITE M	5000M
16:30	U15/17W	1000M			
16:35	U15B	3000M WA			
16:50	U15G	3000M WA			
17:05	U17/20W	3000M WA			
17:20	U17/U20M	3000M WA			
17:35	30 MINUTE COMMUNITY RUN				

Dream On.

